**Summary**

Highly motivated and compassionate graduate student pursuing a Master of Health Science in Addictions Studies at Governors State University. Eager to apply academic knowledge and developing skills to support individuals and communities struggling with addiction. Strong interpersonal and communication abilities, with a commitment to evidence-based practice and client-centered care.

**Education**

**Master of Health Science in Addictions Studies** | Expected May 2025

Governors State University | University Park, IL

**Bachelor of Science in Psychology** | May 2023

Governors State University | University Park, IL

* Dean’s List: December 2020, May 2021

**Relevant Coursework**

* Foundations of Addiction
* Pharmacology of Psychoactive Substances
* Assessment and Treatment Planning in Addictions
* Counseling Theories and Techniques for Addictions
* Group Counseling in Addictions
* Ethics and Professionalism in Addictions Counseling
* Co-occurring Disorders
* Prevention and Education in Addictions

**Skills**

* **Communication:** Effective verbal and written communication, active listening, empathy, crisis intervention, motivational interviewing
* **Interpersonal:** Building rapport, collaboration, conflict resolution
* **Research:** Literature review, data analysis, critical thinking
* **Clinical:** Assessment, treatment planning, case management
* **Languages:** English, French

**Experience**

**Volunteer Counselor** | Cornerstone Recovery Center, Joliet, IL | January 2024-Present

* Facilitate group counseling sessions for individuals in recovery from addiction.
* Provide individual support and guidance to clients.
* Assist with intake and assessment processes.

**Research Assistant** | Center for Addictions Research | University Park, IL | August 2023-December 2023

* Assisted in data collection and analysis for a research study on the impact of peer support on addiction recovery outcomes.
* Conducted literature reviews and prepared research summaries.

**Certifications**

Certified in Mental Health First Aid

**Professional Organizations**

Member, Illinois Alcohol & Other Drug Abuse Professional Certification Association, Joliet, IL, March 2025-Present

**Technical Skills**

Proficient in Microsoft Office Suite, SPSS